

SIX SENSES LA SAGESSE, GRENADA

With a distinct charm only found in the West Indies, Grenada is known for its tranquil bays, gentle island breezes, warmhearted and welcoming vibe, joyous soca rhythms, and explosion of color and bold flavors.

Secluded by verdant green hills on the south-east coast, La Sagesse enjoys a prime spot beween La Sagesse bay with shallow warm waters and L'Ance Pere ocean front, and a shimmering expansive lagoon. The resort mimics a picturesque Caribbean village, influenced by the region's traditional architecture, designed to follow the natural topography of the land. The walkways through the gardens are made of indigenous plants and materials, maintaining our ethos of harmony with nature as well as the connection to Grenada's "Spice Island" heritage. Embrace the energy, or the breathtaking serenity – how you experience Grenada is entirely your own.

- Four Restaurants – Callaloo all-day dining, SeaFire signature restaurant, Panquai poolside Bar & Grill, and Greens Sushi Bar
- Scoop Café - Ice Cream and Coffee Bar
- Destination and in-villa dining
- Six Senses Spa
- Biohack Recovery Lounge
- Outdoor Pools
- Watersports Center
- Earth Lab
- Alchemy Bar, Boutique
- Fermentation Lab
- Earth Lab
- The Library
- Grow With Six Senses – The Nest, Teen's Lounge – Far Out
- Organic Garden
- Private meetings, events and gatherings



ACCOMMODATIONS

Surrounded by nature, there are 56 pool suites. Combining eco-credentials and comfort, the design uses natural, renewable, and repurposed materials. The organic and contemporary interiors feature an open-plan bedroom, while the outdoor terrace leads to a private plunge pool for a cooling dip.

In addition, there are 15 villas enjoying a prime hillside or beachfront setting, ranging between one, two, and four bedrooms. The five four-bedroom villas, located on the Bluff, offer a 270-degree view of one of the most coveted locations in the Caribbean.

- Twin beds available upon request
- Sustainable bathroom amenities
- Yoga mat
- Pillow menu and Naturalmat organic mattress
- Organic cotton bathrobes
- Hair dryer
- Minibar with welcome, locally-sourced and homemade snacks
- In-suite coffee and tea service
- Six Senses bottled mineral water
- Smart TV with satellite channels
- PressReader global newspaper
- Bluetooth speaker
- Personal safe and reception safe boxes
- High-speed Wi-Fi
- Individually controlled air conditioning
- Umbrella
- On-site laundry service
- Pool & beach tote and flip flops
- Sunscreen, aloe vera and mosquito repellent
- Elevated board games

POOL SUITE
LAGOON, BAY, OR OCEAN
55 sq.m. | 592 sq.ft. Indoor
45 sq.m. | 484 sq.ft. Outdoor
Max Capacity: 3

Forming a cluster of four suites in two-level buildings, the suites feature a king or twin bedroom with a living space in a neutral tone and pops of blue. Outside there's a generously-sized terrace with a private pool. All you need to do is choose your location, close to the resort's main facilities or up on the hillside, and your favorite view, whether the lagoon, bay, or ocean.

PANORAMA OCEAN VIEW POOL SUITE
55 sq.m. | 592 sq.ft. Indoor
45 sq.m. | 484 sq.ft. Outdoor
Max Capacity: 3

As their name suggests, these most royal of suites are perched on the cliff at the far end of the resort. Live the high life with sweeping views of the ocean rollers stretching out before you in all their glory. These suites feature a king or twin bedroom with a living space in a neutral tone with pops of blue and a generously-sized terrace with a private pool and outdoor living space.





ONE-BEDROOM LAGOON POOL VILLA
87 sq.m. | 936 sq.ft. Indoor
51 sq.m. | 548 sq.ft. Outdoor
Max Capacity: 3

Living their best life facing the blue hues of the tranquil lagoon, these one-bedroom villas with a private pool are ideal if you like a little more space but still want to be close to the action. They feature a king bedroom and a separate living room in a neutral tone with nautical accents, along with a generously-sized terrace, private pool, and outdoor relaxation area.

ONE-BEDROOM BEACHFRONT POOL VILLA
87 sq.m. | 936 sq.ft. Indoor
51 sq.m. | 548 sq.ft. Outdoor
Max Capacity: 3

Be the first to lay your footprints in the sand from this one-bedroom villa with direct access to the ocean shore. They feature a king bedroom and a separate living room in a neutral tone with accents of blue, along with a generously sized terrace, private pool, and outdoor relaxation area.

TWO-BEDROOM BAY VIEW POOL VILLA
263 sq.m. | 2,830 sq.ft. Indoor
165 sq.m. | 1,776 sq.ft. Outdoor
Max Capacity: 5

Located near the heart of the resort to keep you close to the action, these villas span two levels and are decorated in a neutral tone with nautical touches. On the lower level, you'll find a large living and dining area, a spacious terrace with an outdoor relaxation and lounge area, and a lap pool. On the upper floor are two generously-sized bedrooms with en suite bathrooms. Wake up to striking views across the lagoon to La Sagesse Bay and close your eyes to sweet sea dreams.

TWO-BEDROOM OCEAN VIEW POOL VILLA
263 sq.m. | 2,830 sq.ft. Indoor
165 sq.m. | 1,776 sq.ft. Outdoor
Max Capacity: 5

Located up on the hillside for a little extra seclusion, these villas span two levels and are decorated in a neutral tone with nautical touches. On the lower level, you'll find a large living and dining area, a spacious terrace with an outdoor relaxation and lounge area, and a lap pool. On the upper floor are two generously-sized bedrooms with en suite bathrooms. Throw the windows open wide to enjoy the cooling trade winds as they bring stories of pirates and sirens in on the breeze.

TWO-BEDROOM BEACH FRONT POOL VILLA
263 sq.m. | 2,830 sq.ft. Indoor
165 sq.m. | 1,776 sq.ft. Outdoor
Max Capacity: 5

The best days come sun-kissed and sandy. If you like to be the first to walk the shore, then this absolute treasure is ready and waiting for you at the southern end of the resort. Each villa spans two levels and is decorated in a neutral tone with nautical touches. On the lower level, you'll find a large living and dining area, a spacious terrace with an outdoor relaxation and lounge area, and a lap pool. On the upper floor are two generously-sized bedrooms with en suite bathrooms.





FOUR-BEDROOM CLIFF RETREAT
540 sq.m. | 5,812 sq.ft. Indoor
343 sq.m. | 3,692 sq.ft. Outdoor
Max Capacity: 9

Follow us to the Bluff and gather your friends and family to enjoy a 270-degree view of one of the most coveted locations in the Caribbean. Decorated in a neutral tone with nautical touches, these four-bedroom retreats span two levels. On the upper level are large living and dining areas, a kitchen, a spacious terrace with outdoor relaxation and lounge areas, a lap pool, and the main en suite bedroom. On the lower level are three further generously-sized king and twin rooms, each with an ensuite bathroom. While some people crave variety and adventure, others seek rest and relaxation, which is why there's everything you need to enjoy precious moments together (and apart!) while relaxing to views of La Sagesse Bay or out and about exploring our fun experiences.

FOUR-BEDROOM PANORAMA RETREAT
540 sq.m. | 5,812 sq.ft. Indoor
343 sq.m. | 3,692 sq.ft. Outdoor
Max Capacity: 9

Perfect as a home-from-home for groups of friends or family in a tropical hideaway, this beautiful retreat offers awe-inspiring infinity ocean views from each room, along with an array of private amenities and concierge services for life on the Bluff. Decorated in a neutral tone with nautical touches, the retreat spans two levels, with floor-to-ceiling windows to capitalize on uninhibited sea views. On the upper level are large living and dining areas, a kitchen, a spacious terrace with outdoor relaxation and lounge areas, a lap pool, and the main ensuite bedroom. On the lower floor are three further generously-sized king and twin rooms, each with an en suite bathroom. Individually sited, with expansive landscaped gardens, you'll feel a world apart yet still closely connected to all the amenities of the resort, including our restaurants, watersports, and spa.

GUEST SERVICES

- 24-hour GEM (Guest Experiences Maker) services
- 24-hour in-suite and in-villa dining
- Multilingual hosts
- On-site personal trainer during the day
- Eat With Six Senses nutrition program
- Sleep With Six Senses personal sleep program
- Grow With Six Senses indoor and outdoor activities for kids and teens
- Non-motorized watersports
- Crafted experiences and adventures
- Wheelchair-friendly facilities and transport options
- Airport transfer services
- Nanny and babysitting service
- Packing and unpacking luggage services







DINING

Grenada has an abundance of fresh produce growing in the island's fertile volcanic soil, enhanced by local salts and spice rubs, and enjoyed with carefully crafted rum cocktails. Our menus are inspired by the Caribbean and South America while following our Eat With Six Senses philosophy with the well-being of our guests, residents, and hosts in mind. Our four restaurants, two bars, and café are truly one of a kind. Growing on site where we can and working with local suppliers for ingredients from the land and sea allow us to engage closely with our community and, most importantly reduce our carbon impact.

Callaloo
All-Day Dining Restaurant
The farm-to-table dining experience at Callaloo focuses on fresh, local and seasonal produce, with our chef interpreting classic comfort food bursting with local spices and flavors in an indoor-outdoor setting. Each evening, specialty dinners are prepared using natural, locally grown, seasonal and responsibly sourced produce, reflecting our Eat With Six Senses philosophy.

SeaFire
Signature Restaurant
Our signature restaurant is where creativity, experimentation, and emotion unite to engage all your senses. Let the vibrancy of the location sweep you away from its commanding oceanfront location, where the spice-scented air is punctuated by the roar and crash of the rollers.

Designed for sharing and celebrating the techniques of the region, communal plates are served in the center of the table. From the fire comes coal-roasted cuts of the day, all prepared with minimal intervention, maintaining the integrity of each ingredient.

Greens
Sushi Bar
Greens Sushi Bar offers a fresh, flavorful take on Japanese-inspired favorites in a relaxed, nature-rich setting. Tuck into a thoughtfully curated menu of Hosomaki, Uramaki, Sashimi, Nigiri, and vibrant Poke Bowls — each selection made to order with the freshest ingredients and a crafted approach that lets every flavor shine.

Panquai
Breeze Bar and Grill
At Panquai, a laidback vibe awaits you, encouraging you to laze the day away at this poolside location. By night the space transforms into a relaxed yet sophisticated cocktail bar. Discover Churasco, the South American tradition of cooking meat on long skewers over a fire. Local rums and tropical cocktails come with a naughty kick!

Scoop Café
Ice Cream and Coffee Bar
Set in our luscious gardens just steps from the pool, this is the perfect oasis to cool off. Open daily, it offers cold brew ice coffees, smoothies, shakes, and complimentary shaved ice.

Destination & In Villa Dining
For Sea Views and "I Do's"
Couples and small groups can create their own backdrop thanks to destination dining options, including a beach blanket BBQ or Chef's Garden experience. There's also in-villa dining for staying in with a beautifully presented dinner or movie night. Create your own dining experience in the privacy of your villa with our private chef and discreet server on hand to deliver a tailor-made menu for the most memorable of occasions and celebrations.





SIX SENSES SPA

At Six Senses La Sagesse, you are immersed in an integrated wellness experience from the moment you walk through our doors. Here, you can put your feet up and your worries down.

Six Senses Spa is uniquely set overlooking the lagoon, designed in the style of a traditional fishing village. Local community knowledge, age-old traditions, and indigenous plants and herbs combine with pioneering wellness programs focusing on sleep, movement, yoga, and longevity. High-tech and high-touch therapies offered under the healing hands of in-house experts and Visiting Practitioners guide you on a personal path to growth and reconnection as deep as you want to go.

- Welcome Area with spa boutique
- Integrated Wellness Center for private consultations and Wellness Screenings
- Single, double, and outdoor treatment rooms showcasing Six Senses signature therapies as well as locally-inspired Caribbean treatments
- Longevity Center featuring a “green” beauty bar, consultation room, nail bar, and facial room
- Biohacking
- Male and female changing rooms with a steam room, showers, lockers, and a private relaxation courtyard
- Outdoor communal wet area with a panoramic sauna, hot pool, cold plunge pool, and Kneipp therapy pool
- Indoor and outdoor relaxation area
- Herb garden
- 180-square-meter multi-purpose fitness facilities, including a studio for spin, cycling, yoga and aerial yoga, and a separate entrance for 24-hour access

SUSTAINABILITY

At Six Senses La Sagesse, we seek to push the boundaries of sustainability, from our approach to mindful architecture and efficient engineering to local sourcing and unforgettable guest experiences.

Our commitment to sustainability guides all our actions – both on and off property – from how our land is used to grow food to how we manage our energy and waste, conserve water, source local and seasonal ingredients for the resort’s menus, and even support local projects.

Six Senses Grenada’s new coastal gardens aren’t just any ordinary gardens – they’re a bold initiative to revive the precious coastal ecology. In our surrounding environment, we are planting 3,000 trees and bushes and new mangroves along our lagoon, which will become a lively habitat for many species of birds, fish and other animals. This water body has been deepened and now naturally ebbs and flows with the tides, allowing small marine animals to enter its safe waters.





LEISURE ACTIVITIES

La Sagesse is a sandy crescent-shaped bay with shallow warm water surrounded by verdant hills. L'Ance Pere ocean front, is by contrast a secluded and untouched bay with views to dramatic cliffs. When not lazing on a lounger, our passion lies in creating experiences that are authentic to Grenada and reconnect you to what really matters in life, protecting and preserving our beautiful Earth at all times

Earth Lab
Located at the heart of the resort, our Earth Lab is our center of engagement and innovation, showcasing our sustainability approach and inviting you to get involved.

Alchemy Bar
Offers fun and educational workshops to learn about the unique healing benefits of herbs and plants while blending your own spa products.

Fermentation Lab
Fermentation Lab is where we take our garden produce to be fermented in pickling jars and where you can learn a few secrets to begin your own fermentation during your stay. It also functions as a private bar for hosting special events or destination dining nights.

Resort Boutique
Offering a thoughtfully curated selection of locally crafted goods, artisan-made accessories, and refined island attire.



Grow With Six Senses
Wellness is not just for grown-ups at Six Senses La Sagesse. Grow With Six Senses incorporates the six dimensions of wellness (social, environmental, physical, spiritual, emotional, and intellectual) and brings kids 'back to basics' in order to reconnect with nature and others around them.

The focus is on offering something a little out of the ordinary to attract even the most reticent joiner. Forget algebra; how about being a little mixologist? Children learn how to make their own toothpaste, facial masks, body scrubs, after-sun lotion and edible water bubbles. Can't sit still? Bring on the cookery, yoga, treasure hunts, ball games and fitness challenges.

Children's Play Center and Teen's Lounge
Let us entertain the kids while you enjoy time alone, whether a long lunch, waterfall hike, colorful snorkel, energizing workout in the spin studio, or "me time" at the spa. Designed for children aged three to 11 years, there are indoor and outdoor play areas.

The Teen's Lounge is for 12- to 17-year olds offering a respite from spirited younger children. If the activities (games, TV, board games) aren't enough to entice your teens, there are comfy seats and beanbags, a choice of indoor and outdoor spaces, and snacks!

Outdoor Wellness
Wander our outdoor trails and enjoy nooks for meditation, forest bathing, labyrinth walking, and sensory foot reflexology. As the sun sets, join a yoga class to reignite all your senses and find inner peace and joy.

Gardens
Wander through our lush, regenerative gardens designed to nourish both body and soul. Guests are invited to stroll, pause, and connect with the rhythms of nature, or roll up their sleeves alongside our team to help harvest the very ingredients woven into our culinary and wellness experiences.



UNIQUE EXPERIENCES

Discover wonders underwater, take a dip in a refreshing waterfall pool, soak up centuries-old culture (or rum), create your own chocolate, or experience some of the world's greatest music, culminating in dancing to socu and reggae beats at the Spicemas festival and carnival - the most anticipated celebration on the island.

All the following experiences, and many more, can be arranged by our Experiences Team.

Hidden Haven: Explore Seven Sisters

Grenada's cascading waterfalls offer freshwater swimming in abundance. Embark on a revitalizing adventure that seamlessly weaves together the beauty of nature, and wellness, all centered around the tranquil Seven Sister Waterfalls. Start with a rejuvenating yoga session at the resort, before departing for an invigorating 30-minute historical hike sees you arrive at the falls. Immerse yourself in the lush surroundings while your guide shares the captivating history of these majestic cascades.

Ethical Angler: Sustainable Sport Fishing

Grenada's Fishers are as synonymous with the Island as Spices and Rum. Step aboard as they head out for the days catch and experience first-hand their mastery and techniques. Indulge your passion for angling in the pristine waters surrounding Grenada, and revel in the excitement of a sustainable sportfishing expedition, where every catch tells a tale of responsible adventure and environmental consciousness.

Savor the efforts of your adventure as our chefs thoughtfully prepare your catch – served at the resort for a memorable dinner or next-day lunch.

Reggae Fields Journey

Join Grenadian cocoa farmers to learn about local food, history, music and more, before creating your own one-of-a-kind cocoa ball that embodies the flavors of the tropics. This hands-on adventure blends tradition, culture, and chocolate- making expertise while unlocking the secrets of Grenadian
cocoa traditions.

Time Travel: Rum Through Time

Bear witness to Grenada's storied past – where history and culture converge to create an unforgettable journey, starting with a captivating history tour at the disused Pearl's Airport, delving into stories from Grenada's colonial era to its rise as an independent nation. Discover the Renegade Rum Distillery and the intricate process that transforms sugarcane into the Caribbean's liquid gold. Before, head to River Antoine Estate, the oldest rum distillery in Grenada, where the rum is still manufactured and produced using the oldest functioning waterwheel in the Caribbean. Enjoy a full-access tour and tasting, and bottle your own rum.

Saint Georges

The capital, Saint Georges, boasts one of the prettiest waterfronts in the Caribbean. The buzzing little horseshoe-shaped harbor is the perfect place to watch the world go by, with bobbing boats, busy cafés, pretty waterside buildings, and a sprinkling of shady spots.

Sip & Sail: Sunset Cruise

Set sail in an authentic Carriacou wooden sailing vessel, as the sunsets over the azure waters, put your feet up and embark on an extraordinary journey of relaxation. This tour pairs the rich maritime history of the Caribbean with the delectable delights of sampling locally-produced chocolate which Grenada is famed for.

Pedals & Picnics

Have your camera ready to capture the picturesque coastline along the route of this adventurous E-Bike experience through the rugged terrain of St. David. This cycling expedition departs from the resort, before heading up to Point Marquis. From this hilltop vantage point, take in the sweeping views of Grenada's coastline with a gourmet picnic prepared by our chefs.



MEETINGS AND EVENTS

For creative souls, a meeting of minds, or an idea that might one day go on to change the world, Six Senses La Sagesse is about as far away from the ordinary as it gets. Every moment is designed to inspire, connect and celebrate in island style.

The Library

This space is designed with a versatile purpose, and provides flexibility for everything from corporate events to family reunions, weddings to wine dinners, and talks by our Visiting Practitioners to tastings with our guest chefs. An expansive terrace ensconces The Library providing a nice flow and incorporates both an indoor and outdoor experience.

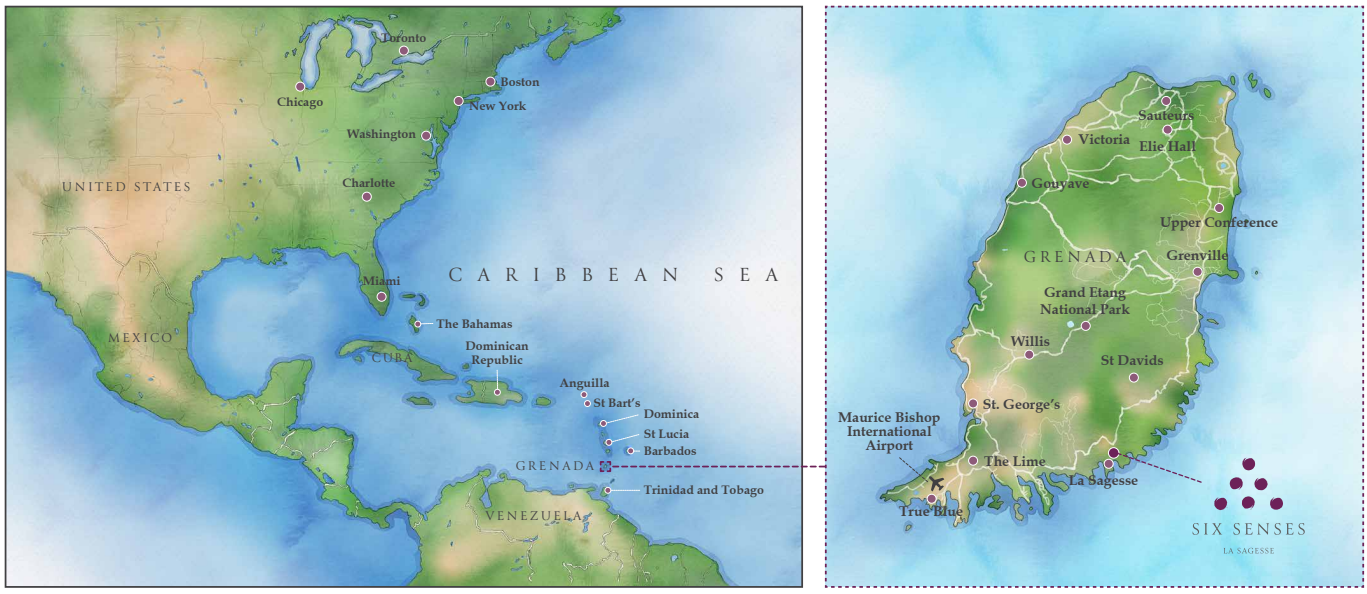
HOW TO GET HERE

Grenada is located outside of the hurricane belt, and easily accessible from major international cities. There is a newly refurbished private jet facility at Grenada's Maurice Bishop International Airport, as well as direct commercial flights from the USA (New York: 4 hours 45 minutes, Miami: 3 hours 40 minutes, Charlotte: 4 hours 34 minutes), Canada (Toronto: 5 hours), and the UK (London: 10 hours 45 minutes) and Germany (Frankfurt: 9 hours 55 minutes).

Airlines

American Airlines, JetBlue Airways, Delta Air Lines

British Airways, Virgin Atlantic, Air Canada, WestJet, Condor



RESERVATIONS AND FURTHER INQUIRIES

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