

# WILD CABIN

## WELCOME TO WILD CABIN

### A SHARING-STYLE CULINARY ADVENTURE

At Wild Cabin, dining is more than just a meal. It's a shared experience. Our menu is designed to be enjoyed together, featuring flavorful, seasonal small dishes perfect for discovering and connecting.

We recommend selecting around 3 dishes and a dessert per person, which will be served progressively, allowing everyone to enjoy each creation at a relaxed, enjoyable pace.

Whether you're dining with family, friends, or someone special, every bite is meant to inspire conversation and togetherness.

Get ready for a flavourful journey, crafted for sharing.

## STARTERS

SWISS BEEF TENDERLOIN TARTARE (90g) DF - SF	34
Olive oil caviar, aioli	
SWISS SALMON GRAVLAX (90g) GF	30
Buttermilk, salmon eggs, green apple purée	
SLEEP	
GREEN ASPARAGUS GF - SF - VG	28
Smoked potato mousse, egg (63°)	
FEMALE	
CROQUETTES (5 pieces) SF	20
Roast chicken, mint, spicy mayonnaise	
FOCACCIA SF	22
Raclette cheese, mozzarella, lard sec	

## LOCAL FLAVORS

LOCAL CHEESE PLATTER (150g)	26
Selection of four artisanal raw milk cheeses,	
local rye bread, house-made seasonal fruit jam	
FEMALE	
LOCAL CHARCUTERIE (150g) SF	36
Lard sec, dried meat, sausage, ham, rye bread	
HOUSE-MADE SWISS BREAD DF - SF	

## PLANT-BASED FLAVORS

SPRING SALAD GF - VG	28
Mixed leaves, stracciatella, balsamic caviar, pecans, blackberries	
DETOX   SLEEP   FEMALE	
HOUSE-MADE RAVIOLI SF - VG	30
Local sérac cheese, mint, lemon, cheese cream	
ZUCCHINI FRITTERS DF - GF - V - VG	28
Zucchini sauce, fresh herbs, preserved lemon	
DETOX   SLEEP   FEMALE	
WHITE ASPARAGUS GF - VG	32
Beurre blanc, peas, hazelnuts	
DETOX   FEMALE	
CARROT SYMPHONY DF - GF - V - VG	22
Almond milk, carrot toffee, shiso leaves	
DETOX   SLEEP	

## FROM THE OCEAN & LAKES

PAN-FRIED SWISS PERCH FILLETS (150g) SF - GF	56
White wine sauce, seasonal mushrooms, sautéed greens	
DETOX   FEMALE	
LINE-CAUGHT WILD SEA BASS (150g) DF - GF	54
Jerusalem artichoke in textures, citrus sauce	
SLEEP   FEMALE	
HOUSE-MADE SPAGHETTI WITH SHRIMP	34
Bisque, sautéed shrimp, cherry tomatoes	

## FARM TO TABLE

SWISS FILET MIGNON (150g) SF - GF	68
House-made chimichurri & yogurt sauce, baby onions, veal juice	
VEAL ENTRECOTE (150g) SF - GF	66
Sautéed spinach, carrot purée, miniature carrots, black garlic sauce	
YELLOW CHICKEN BREAST (180g) GF	42
Corn cream, shiitake mushrooms, anis sauce	
FEMALE	

## SIDE DISHES

SMALL LEAF SALAD DF - GF - SF - VG - V	14
Herbs, radishes, Dijon mustard vinaigrette	
JOSPER-ROASTED BROCCOLINI GF - SF - VG - V	14
Yogurt sauce	
SPAETZLI WITH LARD SEC SF	14
ROASTED CARROTS WITH CORIANDER DF - GF - SF - VG - V	14
MASHED POTATOES GF - SF - VG	14
HOUSE-MADE FRIES DF - SF	14

## DESSERTS

VACHERIN GF	20
Meringue, red berries, verbena	
HEARTY V - GF	16
Vegan carrot panna cotta, almond, tonka, ginger	
DETOX   FEMALE	
CITRUS GF	18
Lemon, thyme, Swiss honey	
CAFÉ GOURMAND	20
Selection of the day	
SORBET SELECTION (per scoop) DF - GF - VG - V	6
Lemon, herbs, yogurt	
DETOX	
ICE CREAM SELECTION (per scoop) GF - VG	6
Vanilla, caramel, hazelnut, chocolate	
FEMALE	

## WELLNESS PROGRAMS

DETOX

SLEEP

FEMALE

## ALLERGEN INFORMATION

**GF** - Gluten-Free

**SF** - Sugar-Free

**VG** - Vegetarian

**V** - Vegan

## ORIGINS

### MEAT

\*All meat dishes can be adapted without dairy.

- Beef - CH
- Veal - CH
- Pork - CH
- Yellow Chicken - CH / FR
- Chicken - FR

### FISH

- Salmon - CH / Lostallo
- Perch - CH / Valperca
- Line-caught Wild Sea Bass - FAO27
- Shrimp - FAO41

### DETOX

Cleanse mind and body to promote mental clarity, boost immunity, and improve digestive function, all with a slice of fun and color on your plate!

### SLEEP

This multi-day journey is designed to improve your sleep. Dietary recommendations for sleep-promoting foods, the Ayurvedic sleep science of yoga nidra, meditation, and spa treatments to retrain your body to fall asleep easily

### FEMALE

Our Female Wellness program has been specifically formulated to address the key issues of nutrition, movement, sleep, stress and mindset, lifestyle, to support hormonal health and wellbeing.

## WELLNESS PROGRAMS