



SIX SENSES



*HELLO  
THERE,*

Thank you for checking us out, whether you're at one of our properties spending precious time with the people you love, or you've simply come across us and are thinking about your next adventure.

Of course, hospitality is never just about a place to stay. We want our places and spaces to help you reconnect to the natural beauty within you and surrounding you.


We've grown a bit since our story began in 1995 but we've always based our growth on the same ambition: to take you beyond destinations into new experiences and cultures, so you feel the purpose behind your travels. Whether you're a guest at one of our hotels or resorts, a residence owner or spending time at one of our spas, you'll see that being environmentally friendly and socially responsible is not just a vague promise. You can trust us to provide sensory, authentic and emotional hospitality that promotes personal health and the health of the planet and that is respectful of traditions and inclusive of local communities. These elements are the magic that brings it all to life.

We hope our collection reignites your curiosity and passion for travel. We are widely recognized for our ability to establish consistent quality without being formulaic. From sapphire lagoons to misty mountain retreats, vineyards and urban gems, there's a whole world of possibilities as the setting for the next chapter in your story.

You're certainly a welcome addition to ours.



Neil B. Jacobs  
Chief Executive Officer

A man in silhouette is seen from the side, leaning on a dark wooden balcony railing. He is looking out over a vast, clear blue sea towards a horizon of limestone karsts under a bright blue sky with scattered white clouds. The balcony has a thatched roof with dark, hanging palm fronds. In the foreground, there are some green plants and a brown cushion on the balcony.

The most important thing we have  
is our connections. In our busy  
lives, however, they can be fleeting,  
and easily forgotten.

That's why our purpose is to deliver on the promise  
of our name and values and reawaken your senses so  
that you can reconnect and refocus on what (and who)  
really matters.

We invite you on a little journey – and a lot of page  
turning – through our hotels, resorts, residences and spas.  
Flick through and see what catches your eye!

# WHERE WE ARE

## SIX SENSES HOTELS RESORTS AND SIX SENSES SPAS

### Asia & the Pacific

**Bhutan**  
Six Senses Bhutan  
Thimphu  
Punakha  
Paro  
Gangtey  
Bumthang

**Cambodia**  
Six Senses Krabey Island

**China**  
Six Senses Qing Cheng Mountain

**Fiji**  
Six Senses Fiji

**India**  
Six Senses Fort Barwara  
Six Senses Vana

**Indonesia**  
Six Senses Uluwatu, Bali

**Japan**  
Six Senses Kyoto

**Maldives**  
Six Senses Kanuhura  
Six Senses Laamu

**Thailand**  
Six Senses Samui  
Six Senses Yao Noi

**Vietnam**  
Six Senses Con Dao  
Six Senses Ninh Van Bay

### Europe

**France**  
Six Senses Residences Courchevel

**Italy**  
Six Senses Rome

**Portugal**  
Six Senses Douro Valley

**Spain**  
Six Senses Ibiza

**Switzerland**  
Six Senses Crans-Montana

**Turkey**  
Six Senses Kaplankaya  
Six Senses Kocataş Mansions, Istanbul

### Middle East & Africa

**Israel**  
Six Senses Shoharut

**Oman**  
Six Senses Zighy Bay

**Saudi Arabia**  
Six Senses Southern Dunes, The Red Sea

**Seychelles**  
Six Senses Zil Pasyon

### The Americas

**Grenada**  
Six Senses La Sagesse

## SIX SENSES HOTELS AND RESORTS UNDER DEVELOPMENT

### Asia & the Pacific

**Australia**  
Six Senses Burnham Beeches

**Thailand**  
Six Senses The Forestias

### Europe

**Austria**  
Six Senses Kitzbühel Alps

**France**  
Six Senses Loire Valley

**Greece**  
Six Senses Megalonisos  
Six Senses Porto Heli

**Iceland**  
Six Senses Össurá Valley

**Italy**  
Six Senses Antognolla

**Malta**  
Six Senses Comino

**Portugal**  
Six Senses Lisbon

**United Kingdom**  
Six Senses London

### Middle East & Africa

**Israel**  
Six Senses Tel Aviv

**Morocco**  
Six Senses Morocco  
Rissani  
Ait Abbou  
Zagora

**Saudi Arabia**  
Six Senses Amaala  
Six Senses AIUla

**UAE**  
Six Senses The Palm, Dubai

**Zimbabwe**  
Six Senses Victoria Falls

### The Americas

**The Bahamas**  
Six Senses Grand Bahama

**Belize**  
Six Senses Belize

**Ecuador**  
Six Senses Galapagos

**Mexico**  
Six Senses Xala

**United States**  
Six Senses Napa  
Six Senses South Carolina Islands

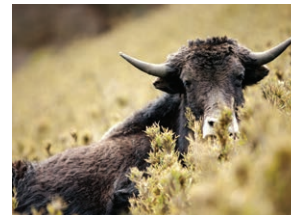


## *EMOTIONAL HOSPITALITY*

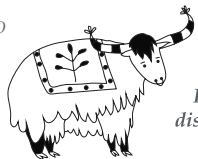
We start by trying to understand your needs and wants, spoken and unspoken, offering an emotionally intelligent approach to service that begins with empathy. We welcome you to come as you are, play while you stay and leave feeling comfortable with what is.



*You haven't  
lived until  
you've smelled  
a yak*



10



## Six Senses Bhutan

*If you see health and happiness as a journey of discovery, Six Senses Bhutan is a unique adventure with uplifting experiences at every turn.*

The circuit immerses you deep into spirituality, culture and hospitality as you travel between 5 individual properties, each with a spa inspired by Bhutan's philosophy of Gross National Happiness.

From the Palace in the Sky at Thimphu to serenity at Punakha, black-necked cranes at Gangtey and celebrating life in the stone ruins of Paro, the aim is to leave feeling enlightened and reconnected (or not want to leave at all).

Flights to Paro Airport (PBH) are from Bangkok, Singapore, Kathmandu, Dhaka and New Delhi, served by Drukair and Bhutan Airlines.

*Bhutan preserves 60 percent of its land under forest cover at all times, so go ahead and hug that tree!*

Thimphu, Punakha, Paro, Gangtey  
Bumthang, Bhutan  
T +975 2 350 773  
reservations-bhutan@sixsenses.com



11



## Six Senses Krabey Island

*Step from the speedboat and discover lush jungle, unique rock formations and glorious beaches on this 30-acre (12-hectare) private tropical island off the coast of southern Cambodia near Ream National Park.*

There are 40 private pool villas, 2 restaurants and a bar. Inspired by the sacred Kbal Spean River, the spa offers comprehensive wellness programs plus the Alchemy Bar for making locally-inspired lotions, potions and beauty elixirs.

Activities range from watersports and cooking classes, star gazing and outdoor films to Grow With Six Senses for little ones.

The resort's mainland reception is a 10-minute drive from Sihanouk International Airport (KOS), and from there the island is a 15-minute ride by speedboat.

*Krabey Island has more than 26 species of butterflies (well, that we can count).*

Koh Krabey Island, Cambodia  
+855 69 944 888  
reservations-krabey@sixsenses.com



*First one to the bottom wins a pearl*







## Six Senses Qing Cheng Mountain

You'll find us at the picturesque gateway to the majestic Qing Cheng Mountains, a UNESCO World Heritage Site and home to the Dujiangyan Giant Panda Center.



*Good morning  
gorgeous*

The 130 guest suites and villas feature contemporary Chinese-inspired furnishings with an eco-friendly twist, and there are 4 specialty restaurants and a bar.

Six Senses Spa and the Alchemy Bar sit within a beautiful garden with willows and towering bamboo and administer award-winning Taoist treatments while aligning your qi.

Chengdu Shuangliu International Airport (CTU) is a 60-minute drive from the resort and Tianfu International Airport (TFU) is a 120-minute drive from the resort ; Chengdu city is 60 minutes by car or 30 minutes by rail link.

*Taoism was founded in AD 143 in the peaceful hills right behind the resort.*

Qingcheng Mountain Town, China  
+86 28 8712 6666  
reservations-qingcheng@sixsenses.com



## *RESPONSIBLE & CARING*

Born optimists, we see potential for good in everything. We could not hope to care for you if we did not first care for our people and the communities we are part of. And for us, sumptuous is always sustainable. In our development, design and daily operations, we minimize our environmental impact through active management of energy, water, waste, biodiversity, purchasing and use of chemicals.



18

19

## Six Senses Fiji

*Calling all beach lovers, this tropical paradise is set on beautiful Malolo Island in the South Pacific.*

There are 24 spacious pool villas and suites plus several multi-bedroom self-contained residences powered from our own microgrid, with panoramic beach, marina or garden views.

You'll find 3 restaurants and 2 bars including a pizzeria and a Six Senses Spa with treetop yoga pavilion and 24-hour fitness center.

From world-famous surf breaks, diving, snorkeling and nature trails to Grow With Six Senses activities for kids, arrive with energy, leave with memories.

From Nadi International Airport (NAN) it's a 60-minute journey by car and speedboat or 10 minutes by helicopter. Private speedboats run 24 hours a day.

*Malolo Island is home to the endangered Fijian crested iguana; we've recently spotted babies.*

Malolo Island, Fiji  
+679 666 5028  
reservations-fiji@sixsenses.com



*Strike your best Warrior Pose*



# Six Senses Residences Courchevel

*Enjoy unrivaled amenities, including dedicated ski concierge, right in the heart of Courchevel 1850.*

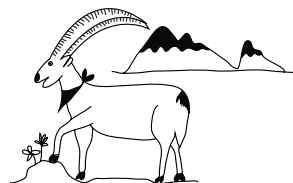
Penthouses and apartments with 2 to 5 bedrooms blend contemporary styles with traditional mountain influences and deliver unobstructed views over one of the world's most coveted winter destinations.

Six Senses Spa offers signature massages, facials and pioneering restorative therapies to accelerate muscle recovery so you ski like a pro.

One hour's drive from Chambéry Airport (CMF); 2 hours 15 minutes from Lyon Airport (LYS); 2 hours 30 minutes from Geneva Airport (GVA).

*An Alpine village with 5-star skiing and 8 Michelin-starred restaurants*

Savoie, France  
+33 4 79 06 93 63  
reservations-courchevel@sixsenses.com



*Take the shot, I can't hold this pose forever*



## Six Senses La Sagesse

*Soak up spicy rhythms and rolling reggae, shimmering reefs and sugar-sand beaches at our West Indies resort set in a pride-of-place position between the turquoise ocean and a protected cove.*

Sensitively built to resemble a Caribbean village, 56 pool suites and 15 hillside and beachfront villas combine eco-credentials and comfort, extending across 38 acres (15 hectares) of natural landscape.

There's never a quiet day, unless you seek it: Grand Etang National Park is a hiker's haven, filled with birds and wildlife, and you are mere steps from La Sagesse Beach, named one of the best in Grenada.

Wind down at Six Senses Spa with a signature massage. Or sit back and sip a carefully crafted rum cocktail before dining on fresh produce grown in the island's fertile volcanic soil at one of five delicious dining experiences.

*Grenada is known as The Island of Spice thanks to its plentiful reserves of nutmeg, ginger, cloves, and cinnamon.*

PO box 3446 St. David , Grenada W.I.  
+1473 444 6666  
reservations-lasagesse@sixsenses.com



*Having an oarsome time*



## Six Senses Fort Barwara

*Enter like royalty into this beautiful conversion of an 800-year-old fort in culturally-rich Rajasthan.*

There are 48 suites designed with every modern comfort while staying true to the heritage and colorful aesthetic of the region.

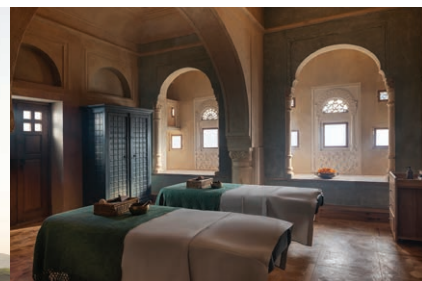
You'll find 2 restaurants, bar, lounge and 2 swimming pools.

Six Senses Spa offers a comprehensive menu of treatments, therapies, traditional and locally-inspired specialties plus Ayurveda, meditation and wellness programs.

Six Senses Fort Barwara is located 68 miles (110 kilometers) southeast of Jaipur. It's a 3-hour drive to the resort.

*The Tiger Reserve at Ranthambore is a wildlife photographer's dream. The tiger population has nearly tripled since 2005 when the Bengals numbered 25.*

Rajasthan, India  
+91 9579 889900  
fortbarwara@sixsenses.com



| *Easy there, tiger!*



## Six Senses Vana

*Immerse in a wellness retreat that enables you to feel, think, and be better.  
Move your body, energy, and thoughts. Heal from what pains you.  
Accept what is, to rebalance, rewild, and rechild.*

Named after the forest we take refuge in, our first dedicated wellness retreat offers 66 rooms and 16 suites. Ayurveda, Yoga, Tibetan Medicine, and Natural Healing Therapies combine with a rich daily movement schedule, deep commitment, and personalized support.

Beautifully presented, uncomplicated, nourishing cuisine, experiences for all the senses, and a kind-hearted team complete the retreat. Each stay differs

depending on the length of stay, how deep you wish to go, and the level of independence or support you feel you need.

60 minutes via a scenic route from Dehradun's Jolly Grant airport.

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*Vanavas means to take abode in the forest, and those that do are called Vanavasis.*

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Uttarakhand, India  
+91 135 351 1111  
[reservations-vana@sixsenses.com](mailto:reservations-vana@sixsenses.com)



*Once you lie down, it's hard to get up*



## *FUN & QUIRKY*

Hands up, these are not necessarily values that you would ordinarily associate with hospitality or wellness. But why can't our curiosity let us explore unexpected ways to help you reconnect?



# Six Senses Uluwatu, Bali

Set on the southernmost tip of Bali and sharing views with Pura Uluwatu, the sacred temple that is considered one of the island's core spiritual pillars.



Locally-inspired, the 28 suites and 75 villas include The Retreat and Presidential Villa.

6 restaurants and bars with specialty restaurant and chef's table, cooking studio and extensive organic garden.

Six Senses Spa has a fitness center and yoga pavilion plus infinity-edge swimming pools.

There's a dedicated wedding venue for intimate celebrations to large galas along with ample meeting and conference space.

Ngurah Rai International Airport (DPS) is a 45-minute drive from the resort.

*Spirits are everywhere in Bali, appeased by daily offerings of incense and food wrapped in banana leaves.*

Bali, Indonesia  
+62 361 2090300  
reservations-uluwatu@sixsenses.com



| *Cooking up trouble*





32

Fuel efficient,  
and fast too



33

## Six Senses Shaharut

*Seclusion and traditional hospitality in the otherworldly setting of the Negev Desert.*

Just 60 suites and villas built into the dramatic cliff and Six Senses Spa with 6 treatment rooms, infinity pools, fitness center, yoga studio and Alchemy Bar for mixing botanicals.

Earth Lab and camel stables with surprisingly lush gardens and desert blooms and open-air amphitheater.

Farm-to-fork Mediterranean dining, mezze and tapas, private chef and Bedouin desert picnics.

Overnight camel camping, extreme sports, hiking, jeep safaris and immersive Kibbutz experiences.

A 45-minute drive from Ramon International Airport in Eilat (ETM). By car, it is 3.5 hours from Tel Aviv or Jerusalem, and 3 hours from Petra, Jordan.

*No surprises but the word negev is from the Hebrew root denoting dry (luckily we make our own water).*

Negev Desert, Israel  
+972 86 15 00 50  
reservations-shaharut@sixsenses.com



## Six Senses Rome

*A treasure trove of artistic, cultural, and architectural wonders, at Six Senses Rome, our local community mingles with our international guests eager to discover the Eternal City's hidden gems.*

Six Senses Rome is uniquely positioned at the heart of the city, overlooking Via del Corso, steps from the Pantheon and Trevi Fountain. Protected by the Roman municipality and UNESCO listed, the façade and monumental staircase have been restored to their original splendor.

The 96-room hotel is a green oasis amidst the hustle and bustle of the city. Start your day with a healthy breakfast at BIVIUM Restaurant-Café-Bar or head up to our NOTOS Rooftop for panoramic views of the surrounding neighborhood.

Restore tired legs at Six Senses Spa, which fuses the ancient art of Roman bathing with contemporary, high-tech biohacking therapies. There is a Hammam area, a sauna, meditation rooms, an outdoor yoga deck, a fitness center, and five treatment rooms.

*As part of our first community project, we've supported significant renovation work to revive the façade of San Marcello al Corso Church next door.*

Piazza di San Marcello, Rome  
+39 06 86814000  
reservations-rome@sixsenses.com



*Heritage,  
discovery and  
community  
equals la  
dolce vita*





The fox brings luck  
in Shinto culture



## Six Senses Kyoto

*Kyoto is the cultural and historical heart of Japan, famed for its Buddhist temples, Shinto shrines, palaces, architecture, and beautiful cherry blossoms.*

Guided by our Eat With Six Senses ethos, the hotel's all-day dining restaurant, Sekki, features hyper-seasonal, sustainable, and scrumptious weekly-changing menus and drinks inspired by sekki, Japan's 24 solar terms.

Quirky touches inspired by folklore, The Moon Rabbit, and the 11th-century classic Tale of Genji, run throughout the 81 guest rooms and suites, with views over our peaceful courtyard and fragrant garden, the neighboring shrine, or the seductive city panorama.

Reconnect with yourself via the art of Japanese Zen in our Six Senses Spa offering a selection of locally-inspired treatments, a Watsu Pool, and Tea Lounge.

*The city is on your doorstep for lively markets, traditional festivals, and cultural events.*

431 Myōhōin Maekawachō, Higashiyama Ward, Kyoto, 605-0932, Japan 37  
+81 75 531 0700  
reservations-kyoto@sixsenses.com





## Six Senses Laamu

*The only resort in the southern Maldives' Laamu Atoll, set deep in the Indian Ocean, with 97 over-water and beach villas all built from sustainable materials and spread around the palm-fringed island paradise.*

There are 6 bars and restaurants, most set over water.

Head to Six Senses Spa for locally-inspired and Ayurvedic treatments, yoga and fitness classes. The world-famous Yin Yang surf break and manta ray cleaning station are just minutes away.

Find out about our extensive land and sea sustainability efforts at the Earth Lab.

A 45-minute inter-island flight from Velana International Airport (MLE) and then a 15-minute speedboat ride.

*The island of Laamu doubled as the planet Scarif in scenes from the 2016 Star Wars film Rogue One.*

Olhuveli Island, Republic of Maldives  
+960 680 0800  
reservations-laamu@sixsenses.com



| Board meeting

Your mood will be as  
sparkling as your sundowner



*Three white-sanded private islands, two deserted, on the private island  
hideaway of Lhaviyani Atoll, for the ultimate choice of where  
to hang your hammock.*

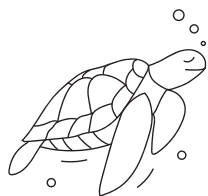
A 40-minute seaplane flight from the main international airport on Malé, offering the romantic setting, discreet wining and dining, star-filled skies, deserted beaches, and pioneering wellness for a restful and restorative stay.

Below the water, the atoll protects 40 dive sites for meeting our resident turtles and marine life.

*Adventures abound in this paradise found, which combines moments of connection and peaceful seclusion.*

91 private overwater, beach and spacious family villas with sunset or sunrise views: the epitome of white sands, turquoise lagoons, lush tropical greenery, and gently swaying palm trees to doze under.

Lhaviyani Atoll, 07060 Maldives  
reservations-maldives@sixsenses.com  
+960 662 0044





## *LOCAL SENSITIVITY, GLOBAL SENSIBILITY*

We don't build castles on hills. Our architecture and building practices make smart use of the natural land topography and materials. Our food is grown in not flown in, and we only work with farmers, fishermen and producers who believe in the same ethical and sustainability standards as we do. And it's not just about tasting local, but experiencing local: the best kept secrets from dive spots to hikes and pop-up clubs.

## Six Senses Zighy Bay

*This secluded beach location offers endless panoramas across the Gulf of Oman.*

The 82 well-appointed pool villas are built in the style of a traditional Omani village. The 4 restaurants, bar and wine cellar offer dining alternatives that range from the dramatic Sense on the Edge to authentic Bedouin at Shua Shack.

The award-winning Six Senses Spa, complete with traditional hammams, combines innovative and ancient holistic treatments and multi-day wellness programs.

diving, snorkeling and cruising on an authentic Omani dhow.

Set on Oman's Musandam Peninsula, it is 75 miles (120 kilometers) or a 120-minute drive from Dubai International Airport (DXB).

*Why not arrive into the resort in style by paragliding right off the top of the Al Hajar Mountains?*

Zighy Bay, Oman  
+968 2673 5555  
reservations-zighy@sixsenses.com

44

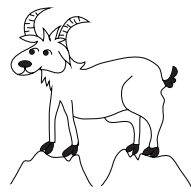
This is a water lover's paradise with 2 main swimming pools (one is the Middle East's only salt water pool),



45



*Don't try this  
at home*







46

## Six Senses Douro Valley

*Discover us in the beautiful UNESCO World Heritage region of Douro Valley, set among vine-filled terraces and alongside the River Douro.*

The 71 guest rooms and suites have been sensitively refurbished to blend contemporary décor with the bygone era of this beautifully renovated 19th-century manor house, with glorious gardens, woodlands and sweeping panoramas.

Six Senses Spa has 10 treatment rooms and an extensive selection of signature wellness programs. Large outdoor and indoor pools with a range of hydrotherapies.

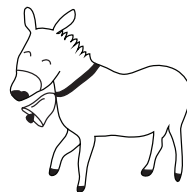
Dining options celebrate the region including Vale de Abraão Restaurant and the always-popular Wine Library & Terrace, where tastings are hosted every evening.

It is a 75-minute drive from the Porto International Airport (OPO) near Porto and a 4-hour drive from Lisbon (LIS).

*Douro Valley is the oldest wine region in the world: it has been demarcated and regulated since 1756.*

Lamego, Portugal  
+351 254 660 600  
reservations-dourovalley@sixsenses.com

47



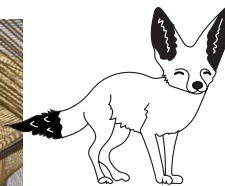


## *CRAFTED EXPERIENCES*

Sometimes it isn't what you do but how you feel about it that stays with you. That's why we try to craft personal and out-of-the-ordinary experiences however active, or gloriously inactive, you choose to be. Even a simple meal can become an unforgettable moment.



*The Oasis is inspired  
by a desert flower*



## Six Senses Southern Dunes

*Combines an architectural approach that pays homage to the Nabataean heritage, majestic desert surroundings, rich culinary culture, and the latest wellness offerings.*

Featuring 36 spacious guest rooms and clusters of 40 pool villas ranging from 1 to 4 bedrooms offering prime aspects over the pristine wadi and dunes.

The Oasis blurs the lines between the natural finishes inside and the native plants and water features outside. It gathers vibrant cultural, musical, and sustainability activities within its artisan pods, restaurants, Earth Lab, and cooking school.

The spa reflects the sweeping dunes. The fitness suite on the upper floor descends to abundant self-shaded water surfaces and cold pools, along with a meditation dome, and outdoor treatment cabanas.

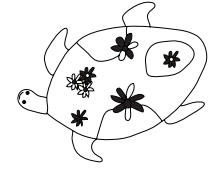
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*As the first LEED Platinum resort in Saudi Arabia, our electricity is completely run by our dedicated solar farm*

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Southern Dunes Site 14, The Red Sea Development, Umluj, 48321  
reservations-southerndunes@sixsenses.com





## Six Senses Zil Pasyon

*Located on the remote island of Félicité, approximately 34 miles (55 kilometers) from Mahé, but still within easy access via helicopter or by boat from neighboring Praslin and La Digue.*

The 28 one-bedroom villas, 2 two-bedroom villas and 3 residences all have private pools. There are 2 open-air restaurants and 3 bars.

The magical Six Senses Spa is set among massive granite boulders with 5 double treatment villas and an elevated saltwater pool with sundeck, yoga and meditation pavilion.

There's so much to do, from snorkeling, kayaking and island hopping excursions to getting involved in our eco-activities.

From the Seychelles' international airport at Mahé (SEZ) guests can arrive via direct helicopter transfer. From neighboring Praslin and La Digue, the island is served by resort speedboat.

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*The coco de mer palm tree, known for having the largest seed in the plant kingdom, grows on only two islands in the world including Félicité.*

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Félicité Island, Seychelles  
+248 467 1000  
reservations-zilpasyon@sixsenses.com

*We feel a proposal coming on*





## Six Senses Ibiza

*First sustainable BREEM certified resort in the Balearic Islands promoting community, spirituality and celebration.*

137 guest rooms, suites and larger residences and mansions in a secluded bay setting with a comprehensive range of amenities, farm-to-table dining, music, art, sustainable fashion, culture, wellness programming, and cool season retreats.

Flagship HaSalon dining destination showcases the powers of organic, seasonal, and locally sourced ingredients in new and innovative ways.

Beach Caves live music venue with McIntosh and Sonus faber technology, DJ vinyl booth, and Cave Royale guest room.

35-minute private transfer from the airport.

*Sustainable fashion at the Agora, a new retail concept with its own Cinderella Room.*

Ibiza, Spain  
+ 34 871 005 600  
reservations-ibiza@sixsenses.com

55

54



*Nostradamus  
coined Ibiza as  
Earth's final refuge*



## Six Senses Crans-Montana

*South-facing sunny slopes, glacier skiing, a vibrant cultural center, gourmet restaurants, and luxury shopping make Crans-Montana a go-to resort for high-altitude adventures in both summer and winter alike.*

Enjoying a prime position just above the main gondola in Crans, Six Senses Crans-Montana offers traditional slopeside mountain living where vitality and serenity meet adventure.

There are 78 guestrooms and suites offering views of iconic peaks, including the Matterhorn and Mont Blanc.

Featuring 2 restaurants, a bar, and a lounge as well as a terrace housing a heated outside rooftop pool with

refreshments and poolside snacks by day, and an open-air cinema by night.

Six Senses Spa blends high-tech biohacking with high-touch therapies to recover muscles and minds in the mountains.

*Crans-Montana's natural charms include 300 days of sunshine a year and the 3,000-meter Plaine Morte glacier.*

Crans-Montana, Valais, Switzerland  
+41 58 806 20 20  
reservations-cransmontana@sixsenses.com





## PIONEERING WELLNESS

We work in partnership with wellness pioneers to deliver high-tech and high-touch wellness programs. And, by bringing together renowned health authorities in the fields of nutrition, sleep and complementary medicine, we infuse well-being throughout your entire stay so you feel immediate and lasting benefits.



## Six Senses Samui

*Come and hide away on a gently sloping headland in the north of Koh Samui.*

Inspired by a Thai fishing village, the 67 villas, most with private pools, are beautifully blended into 20 acres (8 hectares) of natural vegetation.

Dining on the Rocks offers 270-degree sunset vistas across the Gulf of Thailand. Soak up the sun at Drift at the Beach bar and grill, and party at the adjacent Beach Reserve.

Six Senses Samui Spa offers an extensive menu of treatments and therapies tailored to your individual needs, plus your GEM is on hand

to organize everything from jungle drives to boat trips.

Samui International Airport (USM) is a 45-minute flight from Bangkok and approximately 6 kilometers from the resort.

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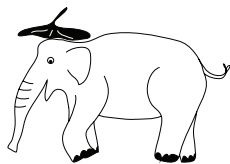
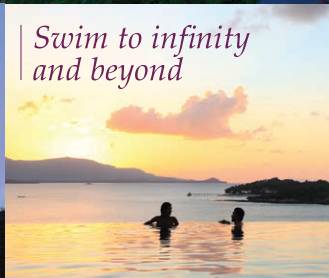
*The island of Samui was inhabited about 15 centuries ago by fishermen.*

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Koh Samui, Thailand  
+66 7724 5678  
reservations-samui@sixsenses.com



*Swim to infinity  
and beyond*





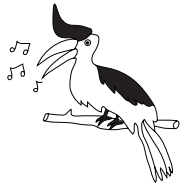


eat

WITH SIX SENSES

*CREATING  
DISHES  
THAT ARE  
EXPERIENTIAL,  
NUTRITIOUS  
AND DELICIOUS*

Our chefs are guided by the principles of natural ingredients, local and sustainable and less is more. They indulge their love for hearty and healthy menus full of color, taste and joy, while unapologetically avoiding the bad stuff (flavor enhancers, lectins, lactose, gluten and sugar).



## Six Senses Yao Noi

*Let nature be your playground at this island resort,  
located just minutes from Phuket.*

All 56 uniquely designed villas have private pools.

There are 4 restaurants and bars, plus many more unique dining experiences that pay homage to Thai food culture.

Relax with a signature massage or therapy at the 30,000 square foot (2,800 square meter) Six Senses Spa Village, nestled within the lush tropical hillside.

You're spoiled for choice when it comes to leisure activities including watersports, cultural activities and island exploration.

Easy access from Phuket International Airport (HKT) with a 75-minute car and speed boat transfer.

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*The iconic limestone karsts of Phang Nga Bay were formed following the collapse of the earth's tectonic plates and reinvented as a backdrop for 007 in 1974's Man with the Golden Gun.*

---

Koh Yao Noi, Thailand  
+66 7641 8500  
reservations-yaonoi@sixsenses.com



*Resident of  
Hornbill Halls*





## Six Senses Kaplankaya

*Preserving the natural beauty of the cypress-clad Aegean coastline, the resort fuses contemporary design with easy access to archeological sites including two of the Seven Wonders of the Ancient World.*

There are 75 guestrooms and suites, 66 Ridge Terrace Rooms plus several multi-bedroom residential villas along with 3 restaurants and 2 bars.

The expansive spa and wellness center soothes your soul and lifts your body with reputed experts and facilities including a Turkish hammam, salt grotto, igloo, crystal steam room, experiential rain, Finnish sauna, hydrotherapy pool, Watsu pool, Pilates, yoga, cycling studios, basketball court and Holistic Anti-Aging Center.

Milas-Bodrum International Airport (BJV) is just 10 minutes by helicopter, 30 minutes by boat and 50 minutes by car.

*Legend has it that the Anatolian panther once lived in the hills behind the resort. While the wild cats have long since gone, their stories remain.*

Kaplankaya, Turkey  
+90 252 511 00 30  
reservations-kaplankaya@sixsenses.com



*Om, mani, padme,  
hum for the young*



sleep  
WITH SIX SENSES

## INTRODUCING A GROUNDBREAKING SLEEP STANDARD

From handmade mattresses and temperature regulating bedding to organic cotton sheets, sleep apps and more, you'll find ideal conditions for a restful slumber while at Six Senses, and additional tips and tools for restorative sleep back home.

## Six Senses Kocataş Mansions, Istanbul

*Pearl of Bosphorus waterfront property located in Sariyer, Istanbul offers 43 rooms.*

A peaceful urban retreat in heritage mansions surrounded by laurel trees, a short boat trip from Istanbul's old town and nearby golden beaches.

Toro Pan-Latin Gastro Bar and terrace with breathtaking Bosphorus view, Avlu Restaurant serving nouvelle Turkish cuisine and Kahve Lounge for sweet bites in a bohemian-style gilded hall.

Experiences include Six Senses Spa, screening room, Cistern Water Bar, Cinema Paradiso, organic herb garden and local sunset cruise.

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*Istanbul is the only city in the world that has one foot in Asia and one in Europe.*

---

Istanbul, Turkey  
+90 212 355 55 00  
reservations-istanbul@sixsenses.com

*The city  
where cats  
are top dog*



## Six Senses Con Dao

*The resort spans an unspoiled 1-mile (1.6-kilometer) stretch of sugary white-sand beach within a protected national and marine park, home to several turtle nests and the elusive dugong.*

Reminiscent of a traditional fishing village, the 50 private beachfront pool villas combine reclaimed teakwood and sustainably-sourced materials with modern design elements.

The rustic marketplace includes 2 restaurants and 2 bars where you can gently glide back and forth on your own swing.

Six Senses Spa offers yoga, meditation and wellness programs and there are a host of Grow With Six Senses activities for kids.

45-minute flight from Ho Chi Minh City to Co Ong Airport, then a 10-minute drive to Six Senses Con Dao.

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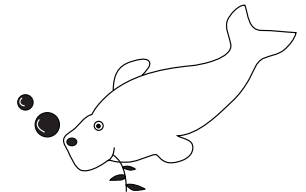
*The resort's private shoreline is a favorite nesting spot for the endangered green sea turtle.*

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Con Dao Island, Vietnam  
+84 254 3831 222  
reservations-condao@sixsenses.com



*Feeding the fish  
(with edible golf balls)*





## Six Senses Ninh Van Bay

*This setting ticks all the boxes for beauty with its imposing rock formations and a coral reef.*

Located on the beach, over the water, between the rocks or perched on the mountainside, ocean views are ubiquitous from the 62 elegant and eco-friendly pool villas.

The 3 restaurants, 2 bars and a unique Wine Cave create unforgettable dining experiences, with many ingredients sourced from the 5 acres (2 hectares) of organic garden and fish straight from the sea.

Along with Six Senses Spa which offers Vietnamese experiences, wellness and yogie programs, there

are a host of activities on land, on the mainland and in or under the water.

From Cam Ranh International Airport (CXR), it's a 60-minute drive to the resort's mainland jetty followed by a 20-minute speedboat ride to the resort.

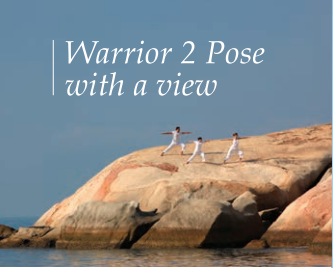
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*If you're lucky you'll spot a black-shanked douc langur monkey stopping to munch on a leaf.*

---

Ninh Van Bay, Vietnam  
+84 258 3524 268  
reservations-ninhvan@sixsenses.com

Warrior 2 Pose  
with a view





# Gr&W

WITH SIX SENSES

## WELL-BEING IS NOT JUST FOR GROWNUPS

Our children's activities promote positive well-being by incorporating the six dimensions of wellness: social, environmental, physical, spiritual, emotional and intellectual. From flying yoga and cooking workshops to spa treatments, upcycling at Earth Lab and arts and crafts, the focus is switching off the devices and switching on the fun.



## SIX SENSES RESERVES, RETREATS AND OUT-OF-THE-ORDINARY VILLAS

*Some things should remain as secrets, known only to a privileged few.*

Exceptional lifestyle environments that have been created for exceptional people. Privacy is paramount. Boundless personal space gives added dimension and dedicated service hosts are on hand to anticipate every need.

From the sands of Arabia to the waters of the Indian Ocean and the remote islands of a Kingdom, the Reserves and Retreats invite you to experience the exclusive surroundings that will always remain one of life's secrets for the sophisticated traveler.

### *China*

Six Senses Qing Cheng Mountain  
*Presidential Villa*

### *Fiji*

Six Senses Fiji  
*Four-Bedroom Oceanview Pool Residence*  
*Four-Bedroom Beachfront Pool Residence*

### *France*

Six Senses Residences Courchevel  
*Three-Bedroom Prestige Apartment*

### *Maldives*

Six Senses Laamu  
*Two-Bedroom Ocean Beach Villa With Pool*

### *Oman*

Six Senses Zighy Bay  
*The Retreat*  
*Beit Musandam, The Private Reserve*

### *Portugal*

Six Senses Douro Valley  
*One or Two-Bedroom Pool Villas*  
*Valley Rooms and Suites*  
*(up to Nine Bedrooms)*

### *Seychelles*

Six Senses Zil Pasyon  
*The Sanctuary*  
*Seascape*  
*Ocean Sounds*

### *Spain*

Six Senses Ibiza  
*Seven-Bedroom Residence*  
*Five- and Ten-Bedroom Mansions*

### *Thailand*

Six Senses Samui  
*The Beach Reserve*

Six Senses Yao Noi  
*The Ocean Retreat*  
*The View*

### *Turkey*

Six Senses Kaplankaya  
*Seaview Three-Bedroom Pool Residence*

### *Vietnam*

Six Senses Con Dao  
*Ocean Front, Three-Bedroom Pool Villa*  
*Ocean Front, Four-Bedroom Pool Villa*

Six Senses Ninh Van Bay  
*The Rock Retreat*  
*Hill Top Reserve*  
*The Water Reserve*





Six Senses Fiji



Six Senses Con Dao, Vietnam



Six Senses Ninh Van Bay, Vietnam



Six Senses Samui, Thailand



80

Six Senses Kaplankaya, Turkey



Six Senses Residences Courchevel, France



Six Senses Zighy Bay, Oman



Six Senses Qing Cheng Mountain, China



Six Senses Yao Noi, Thailand



Six Senses Zil Pasyon, Seychelles



Six Senses Laamu, Maldives

## DID YOU KNOW?

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Since the beginning, Six Senses has bottled its own still and sparkling drinking water at all resorts, eliminating millions of plastic bottles each year. It is a taste-test winner with guests too!



Did you know that sea turtles can live to be 150 years old? We protect all nesting sites along our shorelines – ask us about watching a hatching event.



At every property you can meet our dedicated sustainability manager and visit Earth Lab to see how we're supporting local communities and ecosystems.



We adopt a Zero Waste philosophy and have also already eliminated a lot of plastic from our operations as part of our Plastic Freedom initiative.



We don't take water lightly. Through our Sustainability Fund more than 120,467 people gained access to clean drinking water and sanitation in 2022. We also recycle graywater and use it for irrigation in our organic gardens.



Our Eat With Six Senses approach to food and drink is based on local and sustainable sourcing, natural ingredients and a less is more approach.



## *SIX SENSES SPAS*

GUIDING YOU ON YOUR PERSONAL PATH  
TO WELLNESS

Simply relax, be curious or commit to a complete refresh. Your wellness journey can be anything you want it to be. We're here to offer you the best base possible to flourish.

SIX SENSES SPAS AT SIX SENSES HOTELS AND RESORTS

*Bhutan*

Six Senses Bhutan

Thimphu

Punakha

Paro

Gangtey

Bumthang

*Cambodia*

Six Senses Krabey Island

*China*

Six Senses Qing Cheng Mountain

*Fiji*

Six Senses Fiji

*India*

Six Senses Fort Barwara

Six Senses Vana

*Japan*

Six Senses Kyoto

*Indonesia*

Six Senses Uluwatu, Bali

*Israel*

Six Senses Shoharut

*Italy*

Six Senses Rome

*Maldives*

Six Senses Kanuhura

Six Senses Laamu

*Oman*

Six Senses Zighy Bay

*Portugal*

Six Senses Douro Valley

*Saudi Arabia*

Six Senses Southern Dunes, The Red Sea

*Seychelles*

Six Senses Zil Pasyon

*Spain*

Six Senses Ibiza

*Switzerland*

Six Senses Crans-Montana

*Thailand*

Six Senses Samui

Six Senses Yao Noi

*Turkey*

Six Senses Kaplankaya

Six Senses Kocataş Mansions, Istanbul

*Vietnam*

Six Senses Con Dao

Six Senses Ninh Van Bay

*Grenada*

Six Senses La Sagesse

SIX SENSES SPAS AT PARTNER LOCATIONS

*France*

Six Senses Residences Courchevel

*Greece*

Elounda SA Hotels and Resorts, Crete

Belvedere Hotel, Mykonos

*Spain*

Puente Romano Marbella

*Switzerland*

The Alpina Gstaad





## *SPA-AAH A LITTLE*

From our signature massages, results-driven facials and specialist therapies provided by global practitioners to locally-inspired treatments, we have the whole of you covered from top to toe, inside out and outside in.

## MORE THAN A WORKOUT

It's exercise, but not as you know it. Get the adrenaline pumping and muscles flexing with a high intensity workout on the beach. Take flight with aerial yoga, stay grounded with tai chi, release strains and aches with restorative training sessions. Or simply take time out and release some endorphins on a natural trail walk.



## THE GIFT OF WHAT IS

From meditation classes, mindfulness practices that promote stillness, happiness and well-being to breathing and visualization techniques incorporated into our treatments, we encourage you to cultivate an ability to live in the present, to become more aware, to listen better and to appreciate what you have in life.



## ACCESS A WHOLE WORLD OF WELLNESS

From Ayurvedic doctors, energy healers, hypnotherapists and famous facialists to those less conventional types such as aura healers, our Visiting Practitioners enrich our programming across Six Senses Spas. Go on, open your mind, indulge your body and soothe your soul.





## LEARN IN-DEPTH ALCHEMY

Guided by our therapists, work with a variety of locally sourced ingredients and products, feel their textures, smell the wonderful aromas and create your body scrub, facial or hair mask or herbal poultice. It will be used in your spa treatment afterwards.

98

*WANT TO  
GO DEEPER?  
WE HAVE  
THE SMART  
TOOLS AND  
INSPIRATION*

Your body never lies and here's your chance to get the latest intel on what's going on inside you. Our wellness experts use smart technology to measure your inner health, movement and sleep patterns. The results enable them to create a personalized program designed to your specific needs that may include spa treatments, nutrition, fitness and mindfulness activities.



## YOUR HEALTH SPAN AND YOU

Our Holistic Anti-Aging Center helps you overcome lifestyle-related aging effects and boost your longevity through a personalized program and understanding that outer beauty comes from a healthy body, well-fed gut and happy mind, not only from having an established skincare routine.





## *RETREATS AND SIGNATURE IMMERSIONS*

A series of multi-day, playful, profound, comfort-zone-expanding retreats, curated by the world's leading practitioners.

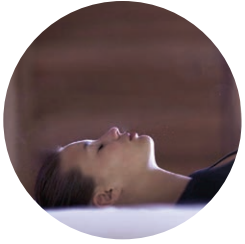
## *BIOHACKING TO ENHANCE PERFORMANCE*

Smart self-experimentation through a blend of nootropics (supplements for the brain), biotechnology, cryotherapy, hypervolt (PEMF), Acupressure, Hypoxy training, IV infusions and nature's best remedies and cold-pressed botanical boosters.



## DID YOU KNOW?

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45 minutes of yoga nidra meditation is the equivalent to 4 hours of deep sleep. It works by prompting the body to relax deeply while the mind remains inwardly alert.



Living by name and nature: we make homemade probiotics and tonics at each resort. Where possible we grow our own ingredients on the property.

106



Jet lag is caused when the sleep-wake and light-dark cycles shift too quickly for the 24-hour circadian clock in the brain to adapt. Ask us about our jet lag plan.



Hanging upside down is a great way to hack your brain. Regular inversions strengthen the capillaries, allowing more blood flow and oxygen to the brain thus improving its performance.

107



The medium chain triglycerides in coconut oil have been shown to increase calories burned over 24 hours by as much as 5 percent, aiding weight loss.



Hug that tree: inhaling phytoncides, airborne chemicals that trees and plants release to protect themselves, lowers stress hormones and boosts our immunity.

# SIX SENSES RESIDENCES

Owning a residence means accessing all the unique amenities and privileges of a Six Senses hotel or resort, while retaining the intimacy and personal touches of a private villa or apartment.

You enjoy the best of all worlds - a home that can be a breathtaking tropical island, snowy mountain retreat or enviable downtown address.

## Asia & the Pacific

### *Fiji*

Six Senses Residences Fiji

### *Vietnam*

Six Senses Residences Con Dao

## Middle East & Africa

### *Seychelles*

Zil Pasyon Residences Managed by Six Senses

Built using renewable and locally-sourced materials and adhering to high standards of energy and water efficiency, residences tread lightly on the earth while providing an uncompromising level of space and comfort. It's indulgent living as nature intended.

## Europe

### *France*

Six Senses Residences Courchevel

### *Switzerland*

Six Senses Residences Crans-Montana

### *Turkey*

Six Senses Residences Kaplankaya

# SIX SENSES RESIDENCES UNDER DEVELOPMENT

## Asia & the Pacific

### *Thailand*

Six Senses Residences The Forestias

## Europe

### *Austria*

Six Senses Residences Kitzbühel Alps

### *France*

Six Senses Residences Loire Valley

### *Greece*

Six Senses Residences Megalonisos

Six Senses Residences Porto Heli

### *Iceland*

Six Senses Residences Össurá Valley

### *Italy*

Six Senses Residences Antognolla

### *Malta*

Six Senses Residences Comino

### *Spain*

Six Senses Residences Ibiza

### *United Kingdom*

Six Senses Residences London

## Middle East & Africa

### *Saudi Arabia*

Six Senses Residences Amaala

Six Senses Residences AIUla

### *UAE*

Six Senses Residences The Palm, Dubai

Six Senses Residences Dubai Marina

## The Americas

### *Belize*

Six Senses Residences Belize

### *Mexico*

Six Senses Residences Xala

### *The Bahamas*

Six Senses Residences Grand Bahama

### *United States*

Six Senses Residences Napa

Six Senses Residences South Carolina Islands





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youtube.com/sixsenseshotelsresortsspas

**#SimplySixSenses #OutOfTheOrdinary**

### Room reservation toll-free numbers

Australia  
1800978681

Japan  
800969743

China  
4008894800

Russia  
88003014563

France  
0805542357

UAE  
08000120003

Germany  
08007236216

United Kingdom  
08004584466

Hong Kong  
800969743

United States  
8554960109

### Six Senses Home Office

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mail@sixsenses.com

**sixsenses.com**



SIX SENSES



